



## **Mr. Nurul Azuar Hamzah**

B. Health Science (Biomedicine), MSc. (Sports Science)

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### **Specialisation:**

Sports & Exercise Psychology

### **Research Interest:**

Exercise motivation and enjoyment

Flow state in sports and exercise

Application of music in sports and exercise

## **Available Postgraduate Research Topics:**

1. Exercise with music intervention in hypercholesterolemia individuals.