



DR. AYU SUZAILIANA MUHAMAD

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Exercise & Sports Science Programme,
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Researcher ID: H-1009-2016

Research Gate: Ayu Suzailiana Muhamad

Specialisation:

Exercise immunology, exercise physiology and sports nutrition

Research Interest:

Effects of exercise on immune responses

Effects of selected nutrition to enhance sports performance and exercise-induced suppressed immune function

Research Recognition and Achievements:

Editorial board of Journal of physical activity, sports and exercise

Available Postgraduate Research Topics:

1. Effects of probiotics supplementation on athletes immune function.
2. Effects of carbohydrate mouth rinsing on salivary antimicrobial proteins responses among athletes.
3. Effects of resistance training on hip joint among elderly.
4. Effects of exercise on salivary antimicrobial proteins responses among smokers