



Prof. Dr. OLEKSANDR KRASILSHCHIKOV

BSc. (Physical Education & Sport), Ph.D (Pedagogy),
Specialized in Exercise & Sports Training Methodology

Exercise & Sports Science Programme,
School of Health Sciences, Universiti Sains Malaysia

+6097677585

olek@usm.my

Researcher ID: I-1730-2012

Scopus ID: 35332296000

Google Scholar ID: Oleksandr Krasilshchikov

Specialisation:

Exercise & Sports Training Methodology, Exercise Prescription, Performance Analysis, Coaching

Research Interest:

Periodised Training; Talent Identification and Development; Performance Analysis; Exercise in Osteoarthritis;
Fitness & Conditioning; Multilateral Training

Research Recognition and Achievements:

Excellence Award, USM, 2006.

Best Paper Award. 2nd Teluk Danga International Games Convention, 2008.

Best Paper Award. 1st UMS International Sports Science Conference, 2013.

Editorial Board:

- Asian Journal of Exercise and Sports Science.
- International Journal of Developmental Sports Management (Managing Editor).
- Manav Rachna International Journal of Applied Health Sciences.
- Research Journal of Swarnim Gujarat Sports University.
- Journal of Health and Fitness.
- International Journal of Physical Education, Fitness and Sports.
- International Journal of Engineering Research and Sports Science.
- Journal of Physical Activity, Sports & Exercise.

Available Postgraduate Research Topics:

1. Exercise treatment of patients with various health conditions.
2. Effects of multilateral training on health and fitness variables of school children.
3. Periodised training modalities in various sports and games.